Becoming More Like Jesus Adult Sunday School: Jan – Mar 2024

4. Peace, like Jesus

While waiting to begin please discuss:

- 1. What does "peace" make you think of?
- 2. What are some of the *enemies* of peace?

The fruit of the Spirit... becoming more like Jesus

Galatians 5:22-23, "But the fruit of the Spirit is love, joy, <u>peace</u>, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."

Expect – the Lord to work

Pray – for the Lord to work

Learn – from the Lord Jesus

"Peace" is at the heart of the Bible...

the "God of peace" – e.g. Hebrews 13:20 the "covenant of peace" – Isaiah 54:10 the "prince of peace" – Isaiah 9:6 the gospel of peace – Ephesians 6:15

Peace with God → Peace of heart → Peace with others

1. Peace with God

God's enemies – Ephesians 2:3 Now reconciled – Ephesians 2:13-18

2. Peace of heart

Christian peace is the heart at rest *in God* – it is a confidence that the Lord is *with you*.

Consider Jesus' peace:

- not "peace and quiet"! or the absence of extreme emotion
- but confidence that His God and Father was with Him

Our peace:

- "access... to the Father" Ephesians 2:18
- "Do not be afraid" → peace and prayer

3. Peace with others

A dividing wall of hostility – Ephesians 2:14

Pursuing the peace that we've been given – Ephesians 4:3

- Romans 12:18, "If possible, so far as it depends on you, live peaceably with all."
- Matthew 5:9, "Blessed are the peacemakers, for they shall be called sons of God."
- Like Jesus, e.g. Luke 22:47-51

Questions to discuss

- 1. Read Philippians 4:6-7, and talk about inner peace / peace of heart:
 - What is the route to God's peace?
 - Why do we often find it easier to speak to other people (or to ourselves) rather than speaking to our Father in heaven?
- 2. Think next about peace in our relationships:
 - What about Jesus' example as a peacemaker do you find most encouraging or challenging?
 - Can you think of specific ways in which the Lord is calling you to sow seeds of peace in your relationship with someone?